



# The Newsletter

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## FROM THE EDITOR'S DESK

**Dear Residents,** on behalf of the Potala HOA, a Spring welcome to the first issue of our own Newsletter commencing with the Spring 2007 Edition.. This Newsletter will be published on a Monthly basis..

Through this Newsletter, the HOA hopes to provide all residents with information directly or indirectly relating to the Complex, the progress on various tasks undertaken by the HOA, items of interest to the general public..

The Newsletter also has a **BLACKBOARD** for the purposes of advertising any services, products or items for sale..

If you have anything that you would like to be published in the newsletter (recipes, home tips, garden tips etc, please feel free to send it to [potalahoa@gmail.com](mailto:potalahoa@gmail.com) and the same will be updated..

We would like to make this Newsletter a joint effort of all the residents and request your active inputs for the same.. With everyone's support we hope that this newsletter will be a source of information..

Hariesh Manaadiar

- SPECIAL POINTS OF INTEREST:**
- Name Game
  - Money Matters
  - Gardening
  - Recipes

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## ~ ~ ~ ELECTRIFYING NEWS ~ ~ ~



**WELL DONE TO ALL THE RESIDENT/OWNERS OF POTALA COMPLEX..** We have a brand new electric fence now.. Thank you to all who have contributed to the fence and made this possible in the interest of all residents..

A separate notification will be sent to all regarding the maintenance of the fence and all the do's and don'ts when dealing with the fence..

## THE MEANING OF POTALA

From what I can gather, **POTALA** stands for **The Potala Palace** which was originally built by King Songtsen Gampo in the seventh century.. Potala Palace is currently located on the Red Hills of Lhasa, Tibet.. Destroyed by lightning and war, Potala Palace had been rebuilt by the Fifth Dalai Lama in 1645.. Since then, Potala Palace has become the seat of Dalai Lamas and also the political center of Tibet and currently a state museum of China. It was named after mythological. Mount Potala, the abode of Chenresig or Avalokitesvara..

So, the name **POTALA** could mean a place of peace and loving.. Lets keep it that way and **Love thy neighbor..**

Editor : Hariesh Manaadiar

## NAME OUR NEWSLETTER & WIN !!!

Now that we have a newsletter, we need to find a name for it.. Currently it is just called THE NEWSLETTER as you can see in the front page of the newsletter..

We will have a small competition worth Zar.100/- shopping voucher which will go to the winning name.. The best name will be chosen by the residents via a Vote.. The

winner will be announced in the next newsletter which will then carry the name of the selected name..

So happy naming and appreciate if the suggested names are sent to [potalahoa@gmail.com](mailto:potalahoa@gmail.com) before the 10th of September 2007 in time for it to appear in the next newsletter.. Let the best name win..

WHAT  
SHOULD I  
CALL YOU..??



**THE NAME GAME**

### QUOTE

*"Slow down and enjoy life. It's not only the scenery you miss by going too fast - you also miss the sense of where you are going and why."*

*Eddie Cantor*



### GARDEN TIPS - HOW TO COMPOST YOUR LAWN

#### **1. Use Fine-Textured Compost**

Start with good, fine-textured compost. All garden centers carry good, bagged compost that is ready to use; you can even use seed topper.

You can also use your own homemade compost if you have it around. Just as long as it is fine-textured so it will rake out evenly without leaving clumps.

#### **2. Spread the Compost**

You can use a shovel or just start dumping the compost out around your lawn.

#### **3. Rake It Out Evenly**

With a flexible, garden rake, spread the compost out over your lawn to about ¼ inch (.64 cm ) thick. You want a fairly thin layer. Don't apply it much thicker thinking that more is better, because that can cause problems, like smothering your grass. A thin layer will break down quickly releasing its nutrients into the lawn. When you're done raking you shouldn't see that much compost showing .

#### **4. Water It In and Don't Mow For 1 Week**

Once you have a nice thin layer fairly evenly applied, water it in for a good 15 to 20 minutes. Take care of your lawn as you normally would, applying regular water, but don't mow for about 1 week. Allow the compost 7 to 8 days to break down and release its nutrients. After one week, you can care for you lawn just as you regularly would by mowing and watering.

#### **5. That's It!**

If you compost your lawn 2 to 3 times a year, it will be very lush and healthy, and you won't need to use regular lawn fertilizers ever again. So if you're looking for an organic way to have a healthier lawn, this is it - give it a try!

## MARKET NEWS

### HOME OWNERS STRUGGLING TO SELL THEIR PROPERTY - By Roy Cokayne

Three out of four residential properties are now being sold for less than the asking price and the average time a home remains on the market before it is sold has increased from eight to 10 weeks.

Jan Kleynhans, the chief executive of First National Bank (FNB) Home Loans, yesterday attributed changes in the market predominantly to the implementation of the National Credit Act in June and the cumulative effect of interest rate hikes over the past year.

Kleynhans said properties in the upper-priced segments continued to feel the pinch, with 81 percent selling for less than the asking price, compared with the national average of 76 percent.

In addition, the proportion of first-time buyers entering the market had steadily declined from 32 percent in the middle of 2005 to only 16 percent in the second quarter of this year.

The number of investors buying homes to let has decreased significantly from about 27 percent in the fourth quarter of 2003 to only 12 percent in the second quarter of this year. Despite these negative trends, estate agents have a positive outlook for the next quarter.

## NEW ACCESS METHOD FOR VISITORS TO POTALA

As agreed at the AGM in April 2007, the Telkom based communication system for the gate is ready..

The method will involve a telephone at the main gate.. When a visitor arrives at the main gate, they will ring the intercom to the guard house who will then call the relevant unit that is being visited.. Only after receiving approval from that unit, access to the unit/complex would be granted..

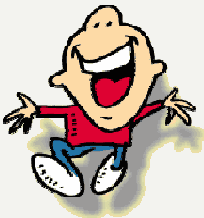
The system we are using is InterCall from Telkom (further details of which can be found on their website) <http://www.telkom.co.za/athome/services/intercall/index.html>..

With this system, telephone calls between the units and the guard house (Telkom lines only) are free, covered by a fixed monthly fee, over Telkom lines. If you don't have a Telkom line in your house, no problem, you can give a cell phone number but any calls to cell phones will be charged back to the unit concerned each month at the regular cell phone rates..

Please can everyone provide **ONLY ONE NUMBER** (Telkom or Cell) that should receive this call from the guard house.. This is the next step..



## FUNNY CORNER



Three kids get into boasting about their dads.

'My dad is so fast that he can shoot an arrow and then run himself to catch the arrow!', said one of the kids.

'My dad is even faster - he can shoot a deer and run ahead of the bullet to catch it as it is coming out from the other side of the animal!', said the second child.

'That's nothing. My dad is a civil servant. His off-time at his office is 4:30 P.M. but he is home at 3:30 P.M.!' said the third.

## P U Z Z L E T U S S L E

What do you call a grizzly with no fur?

A Bare bear

What do you call an oyster that won't share?

A Selfish Shellfish

# THE BACK BURNER

~ ~ RECIPES & SUCH ~ ~

## Lemon Butter Kingklip with a Chunky Mango Salsa

Coat fresh kingklip in this tasty lemon butter sauce and serve it with a delicious mango salsa.

Serves 4 | Preparation Time: 15 mins | Cooking Time: 25 mins

### Ingredients

3 ml crushed garlic 30 ml fresh dill, chopped 10 ml oil 500 g kingklip fillets, skinned 1 packet Knorr Lemon Butter Sauce

**SALSA:** ½ red onion, diced 1 mango, diced 1 red pepper, diced ½ tomato, diced 50 ml chopped coriander leaves 20 ml chopped mint Juice and zest of ½ lemon

### Instructions

- 1) Mix together the garlic, dill and oil and rub onto the fish fillets
- 2) Heat oil in a frying pan and fry fish fillets for 10 min each side or until cooked through or the fish starts to flake
- 3) Empty sachet contents into a jug

4) Fill up to 250 ml mark with boiling water

5) Stir with a fork for a minute until thick and smooth

6) Place the salsa ingredients in a small dish and mix together well

7) Place a grilled fish fillet onto a serving plate, pour sauce over the fillet and serve the mango salsa on the side

8) Garnish with fresh coriander leaves

Recipe courtesy of : Sarika Manaadiar - Unit 16

If you have any recipes that you would like to share, please send it to [potalahoa@gmail.com](mailto:potalahoa@gmail.com) for publishing..

## MONEY MATTERS

On behalf of the HOA, thank you to all the unit owners who have paid their dues in time.. Will the below units please follow suit.. Thanks..

Units outstanding payments

- Unit No. 32

## THE BLACKBOARD

### ADVERTISEMENT HERE

**For Sale :** 1993 Honda Ballade 160E, Full House, Partial Service History, Engine Good Condition, Slight body work.. Looking for Zar.27,000/- ONCO.. Contact Hariesh on 082-4616252 or Sarika on 084-7119082..

Email [potalahoa@gmail.com](mailto:potalahoa@gmail.com) for any of your advertising needs

## NOTIFICATIONS

Unit Nos. 5 & 25 have been sold this month..

We would also like to welcome Wisani Makhubela who is the new owner of Unit.36 to the Potala HOA..

Also just a reminder that any unit that has been sold has to get a clearance from the Home Owners Association..

## POTALA H.O.A CURRENT OFFICE BEARERS

- RUSSEL COOK - Chairman - Unit 37
- MARION MITCHELMORE - Treasurer - Unit 17
- HARIESH MANAADIAR - Security & Communication - Unit 16
- ROB CURLING - Trustee - Unit 23
- FREDAH MOJAPELO - Trustee - Unit 4
- MOIRA DEWAR - Trustee - Unit 31
- JOHN MITCHELMORE - Trustee - Unit 17